

# USA SWIMMING ATHLETES:



You've been taught how to be safe in and around water.

***But how do you stay safe out of the water?***

USA Swimming and the Athlete's Executive Committee are pleased to announce the release of **USA Swimming's Safe Sport education for athletes.**

USA Swimming has developed a free education program for you to participate in!

***Click here to learn about:***

- Inappropriate contact
- Physical, emotional, and behavioral boundaries
- What to do if your boundaries are violated: why and who to tell
- How USA Swimming can be a resource for you

By learning how to protect yourselves, you also learn how to protect your peers; and together you can make the sport safer for everyone.

If you have questions, please contact any of the athlete representatives or contact Susan Woessner ([swoessner@usaswimming.org](mailto:swoessner@usaswimming.org)) at USA Swimming.

[usaswimming.org/protect](https://usaswimming.org/protect)

# USA SWIMMING ATHLETES:

You've been taught how to be safe in and around water.

*But how do you stay safe out of the water?*

USA Swimming and the Athlete's Executive Committee are pleased to announce the release of **USA Swimming's Safe Sport education for athletes.**

USA Swimming has developed a free education program for you to participate in!

***Learn about:***

- Inappropriate contact
- Physical, emotional, and behavioral boundaries
- What to do if your boundaries are violated: why and who to tell
- How USA Swimming can be a resource for you

By learning how to protect yourselves, you also learn how to protect your peers; and together you can make the sport safer for everyone.

If you have questions, please contact any of the athlete representatives or contact Susan Woessner ([swoessner@usaswimming.org](mailto:swoessner@usaswimming.org)) at USA Swimming.



[usaswimming.org/protect](https://usaswimming.org/protect)

# USA SWIMMING ATHLETES:

You've been taught how to  
be safe in and around water.

*But how do you stay safe  
out of the water?*

USA Swimming and the Athlete's Executive Committee are pleased to announce the release of **USA Swimming's Safe Sport education for athletes.**

USA Swimming has developed a free education program for you to participate in!

***Learn about:***

- Inappropriate contact
- Physical, emotional, and behavioral boundaries
- What to do if your boundaries are violated: why and who to tell
- How USA Swimming can be a resource for you

By learning how to protect yourselves, you also learn how to protect your peers; and together you can make the sport safer for everyone.

If you have questions, please contact any of the athlete representatives or contact Susan Woessner ([swoessner@usaswimming.org](mailto:swoessner@usaswimming.org)) at USA Swimming.

***[usaswimming.org/protect](https://usaswimming.org/protect)***

